32nd Annual
Clinical Conference on Diabetes

PATIENT CENTERED CARE: TAKING IT TO A NEW LEVEL
A Continuing Education Activity for Primary Care Physicians and the Entire Diabetes Care Team

May 25-28
2017
Rosen Shingle Creek
Orlando, Florida
Target Audience
With its multidisciplinary focus, sessions offered at the ADA’s Clinical Conference draws attendees from across the health care spectrum, from across the nation and around the world. The 32nd Annual Clinical Conference is the nation’s premier clinical diabetes meeting, where attendees come to hear cutting-edge research translated into clinical practice, leading-edge treatment updates and the latest information in diabetes management.

The Clinical Conference is designed specifically for primary care and diabetes specialty physicians, family physicians, doctor of osteopathy, podiatrist physicians, pharmacists, physician assistants, nurse practitioners, nurses, psychologists, dietitians, certified diabetes educators and other health care professionals who care for patients with diabetes, at risk for diabetes, and who manage diabetes related complications.

Learning Objectives
At the end of this activity, attendees should be able to:

- Identify clinical gaps and the environmental influence on diabetes care and discuss ways to close the clinical and public health gaps preventing us from getting to a new level of personalized medicine
- Compare and contrast standards of care for people with diabetes and the results of landmark studies that shaped them, including Look AHEAD, DPP results from recent CV risk trials
- Review evidenced based nutrition data, including information about the microbiome, vitamin and mineral deficiencies and popular diet claims
- Summarize available pharmacological and nonsurgical approaches to obesity and diabetes treatment including oral agents, injectable agents, and devices
- Discuss the relationships of social determinants of health, health disparities, health literacy and numeracy in people with diabetes
- Distinguishing common types of diabetes in childhood, including type 1, type 2 and MODY
- Explore challenges of managing diabetes in older patients and long-term care settings
- Discuss the philosophy behind focusing on the health of employees and the business case for a healthy workplace

Attendance Verification & Accreditation Statements
Physicians
The American Diabetes Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Diabetes Association designates this live activity for a maximum of 20.5 AMA PRA Category 1 credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Family Physicians
An application for CME credit will be filed with the American Academy of Family Physicians. Determination of credit is pending.

Doctors of Osteopathy
Category 2 credit will be awarded for formal educational programs that are ACCME-accredited or AAFP-approved.

International Physicians
The American Medical Association has determined that physicians not licensed in the US who participate in this CME activity are eligible for AMA PRA Category 1 credit™.

Podiatric Physicians
An application will be filed with the American Podiatric Medical Association (APMA) for continuing education credit.

Physician Assistants
AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 20.5 hours of Category I credit for completing this program.

Nurses
The American Diabetes Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s COA. This activity is approved for contact hours 20.5, including 7.5 pharmacotherapeutics contact hours.

California Board of Registered Nursing
The American Diabetes Association is also a provider approved by the California Board of Registered Nursing, Provider No. CEP-12196. This activity is approved for 20.5 contact hours.

Dietitians
The American Diabetes Association is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 20.5 continuing professional education units (CPEUs) for completion of this program/material. (Activity number 131440)

Pharmacists
The American Diabetes Association is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. The American Diabetes Association designates these sessions as Knowledge-based per ACPE guidelines.

Psychologists
The American Diabetes Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The American Diabetes Association maintains responsibility for this program and its content. This program offers 20.5 hours of continuing education credit. Each psychologist must attend in their entirety those sessions designated as offered for psychology credit and claim only those hours spent in the educational activity.

Certified Diabetes Educators
To satisfy the requirement for renewal of certification by continuing education for the National Certification Board for Diabetes Educators (NCBDE), continuing education activities must be diabetes related and approved by a provider on the NCBDE List of Approved Providers (www.ncbde.org). NCBDE does not approve continuing education. The American Diabetes Association is on the NCBDE List of Approved Providers.

Successful Completion Statement
Certificates of Completion/Attendance are provided to registered attendees base upon completion of the online evaluation that will be available at http://professional.diabetes.org/cc starting May 26, 2017 through June 30, 2017. For questions regarding continuing education, please contact professionaleducation@diabetes.org.

Content Validation Statements
- All recommendations involving clinical medicine are based on evidence accepted within the profession of medicine as adequate justification for their indications and contraindications in the care of patients;

AND/OR
- All scientific research referred to or reported in support or justification of a patient care recommendation conforms to generally accepted standards of experimental design, data collection, and analysis.
Program Faculty

Co-Chairs

John E. Anderson, MD - Private Practice in Internal Medicine and Diabetes, The Frist Clinic, Nashville, TN

Holly Divine, PharmD, BCACP, CGP, CDE, FAPhA - Clinical Associate Professor, University of Kentucky College of Pharmacy, Lexington, KY

Course Directors

John M. Jakicic, PhD - Distinguished Professor and Chair, Department of Health and Physical Activity, Director Physical Activity and Weight Management Research Center, University of Pittsburgh, Pittsburgh, PA

Jacqueline LaManna, PhD, ANP-BC, BC-ADM, CDE - Assistant Professor, University of Central Florida College of Nursing, Melbourne, FL

Jennifer B. Marks, MD, FACP, FACE - Professor of Medicine, Emeritus, University of Miami Miller School of Medicine Staff Physician and Co-Chair, Human Subjects Research Review Board, Miami VA Health System, Miami, FL

David R. Repaske, PhD, MD - Professor of Pediatric Endocrinology, University of Virginia, Charlottesville, VA

Damon Tanton, MD - Medical Director, Clinical Practice, Florida Hospital Diabetes Institute and Florida Diabetes and Endocrine Centers, Orlando, FL

Amy Wixted, MPH, CHES, CIC - Wellness and Education Manager, The Villages Health, The Villages, FL

Eugene E. Wright, Jr., MD - Consulting Associate Dept of Medicine and Community and Family Medicine, Duke University Southern Regional AHEC, Fayetteville, NC

Faculty

Anastasia Albanese-O'Neill, PhD, ARNP, CDE - Clinical Assistant Professor, University of Florida, Department of Pediatrics, Gainesville, FL

John E. Anderson, MD - Private Practice in Internal Medicine and Diabetes, The Frist Clinic, Nashville, TN

Nicholas B. Argento, MD - Diabetes Technology Director, Maryland Endocrine and Diabetes Center, Columbia, MD

Sara A. Blackburn, RD, DSc.,D.D. - Clinical Associate Professor and Co-Director, IU Dietetics Internship, Nutrition and Diabetics Department, School of Health and Rehabilitation Sciences, Indiana University Purdue University at Indianapolis, Indianapolis, IN

Holly Divine, PharmD, BCACP, CGP, CDE, FAPhA - Clinical Associate Professor, University of Kentucky College of Pharmacy, Lexington, KY

Sam Fleishman, MD - Chief Medical Officer, Cape Fear Valley Health, Fayetteville, NC

Myra Garza, RN, CDE, CPT Diabetes Educator - Florida Hospital Diabetes Institute, Orlando, FL

James R. Gavin III, MD, PhD - Clinical Professor of Medicine, Emory University School of Medicine, Fayetteville, GA

Jeffrey S. Gonzalez, PhD - Associate Professor, Yeshiva University and Albert Einstein College of Medicine, Bronx, NY

Timothy S. Harlan, MD - Assistant Professor of Medicine, Associate Chief, Outpatient Programs, Tulane University, New Orleans, LA

Amy Hess Fischl, MS, RDN, LDN, BC-ADM, CDE - Teen Transition Program Coordinator, ADA ERP Program Coordinator, Diabetes Education Manager, University of Chicago, Evergreen Park, IL

John M. Jakicic, PhD - Distinguished Professor and Chair, Department of Health and Physical Activity; Director, Physical Activity and Weight Management Research Center, University of Pittsburgh, Pittsburgh, PA

Rev. Richard Joyner - Pastor and Executive Director, Conetoe Family Life Center, Conetoe, NC

Jan Kavookjian, MBA, PhD - Associate Professor of Health Outcomes Research & Policy, Auburn University, Auburn, AL

Jacqueline LaManna, PhD, ANP-BC, BC-ADM, CDE - Assistant Professor, University of Central Florida College of Nursing, Melbourne, FL

Jennifer D. Smith, PharmD, CPP, BC-ADM, BC-ACP, CDE - Clinical Pharmacy Specialist, Department of Veterans Affairs, Anderson, SC

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Medha Munshi, MD - Associate Professor of Medicine; Director, Joslin Geriatric Diabetes Program, Harvard University; Joslin Diabetes Center; Beth Israel Deaconess Medical Center, Needham, MA

K. M. Venkat Narayan, MD - Ruth and O.C. Hubert Professor of Global Health, Professor of Epidemiology & Medicine, Director, Emory Global Diabetes Research Center, Emory University, Atlanta, GA

Carl Edward Orringer, MD - Associate Professor of Medicine, Cardiovascular Division, University of Miami Miller School of Medicine, Miami, FL

Leigh Perreault, MD - Associate Professor of Medicine and Epidemiology, University of Colorado Anschutz Medical Campus, Aurora, CO

David Repaske, MD, PhD - Professor of Pediatric Endocrinology, University of Virginia, Charlottesville, VA

Charmaine Rochester-Eyeguokan, PharmD, CDE, BCPS, BCACP - Associate Professor, University of Maryland School of Pharmacy; P3 eHealth Center, Baltimore, MD

Renee J. Rogers, PhD - Assistant Professor and Director, Moving Health with Media Core of the Physical Activity and Weight Management Research Center, University of Pittsburgh, Pittsburgh, PA

Harris Rosen - President & COO - Rosen Hotels & Resorts, Orlando, Florida

Sally A. Sherman, PhD - Visiting Assistant Professor, University of Pittsburgh, Pittsburgh, PA

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Eugene E. Wright, Jr., MD - Consulting Associate Department of Medicine and Community and Family Medicine, Duke University Southern Regional AHEC, Fayetteville, NC
### Thursday, May 25, 2017

#### Focused Workshop 1 - Technology
**Moderator – Damon Tanton, MD**

- Get Connected: CGM and Pumps, 2017
- Nicholas B. Argento, MD
- Myra Garza RN, CDE
- Introduction
- Continuous Glucose Monitoring
- Insulin Pumps
- A Glimpse in to the Future?
- Interactive Session (Hands-on with devices)

#### Workshop 2: Diabetes Essentials
**Moderator - Jennifer Marks, MD**

- Diabetes Updates: Bring or Submit Your Cases
  - Eugene E. Wright, Jr., MD
  - Guideline Based Lipid Management in Type 2 Diabetes
  - Carl Edward Orringer, MD
  - A Review of the Guidelines
  - John E. Anderson, MD

#### Friday, May 26, 2017

#### KEYNOTES - Gene

- **7:45 AM - 8:45 AM**
  - Gaps in Diabetes Care
  - K. M. Venkat Narayan, MD

- **8:45 AM - 9:45 AM**
  - Effecting Positive Change in Creative Ways: A Success Story from a Congregation in the Middle of a Food Desert, Yet Surrounded by Farmland
  - Rev. Richard Joyner

- **9:45 AM - 10:15 AM** Break

#### Track 1 – Medications

- **10:15 AM - 11:00 AM**
  - Diabetes Medications and Cardiovascular Risk Trials
  - James R. Gavin III, MD, PhD

- **11:05 AM - 11:50 AM**
  - Injectable Diabetes Medication: What the Hype?
  - Jennifer D. Smith, PharmD, CPP, BC-ADM, BC-ACP, CDE

- **11:55 AM - 12:40 PM**
  - Wishful Shrinking: Are Obesity Therapies a Losing Battle?
  - Charmaine Rochester-Eyeguokan, PharmD, CDE, BCPS, BCACP

#### Track 2 – Nutrition

- **10:15 AM - 11:00 AM**
  - Vitamin and Mineral Deficiencies in the Person with Diabetes
  - Wendy Mobley-Bukstein, PharmD, BCACP, CDE

- **11:05 AM - 11:50 AM**
  - The Data Behind Popular Diets: Does the Evidence Show Which Is Best?
  - Amy Hess Fischl, MS, RDN, LDN, BC-ADM, CDE

- **11:55 AM - 12:40 PM**
  - Microbiome: Working with an Old Friend!
  - Sara A. Blackburn, RD, DSc, DD

#### Track 3 – Whole Patient Experience

- **10:15 AM - 11:00 AM**
  - Recognition and Treatment of Sleep Deficit and Sleep Disorders and their Association with Insulin Resistance and Diabetes
  - Sam Fleishman, MD

- **11:05 AM - 11:50 AM**
  - Depression and Diabetes Distress: Research Update and Practice Recommendations
  - Jeffrey S. Gonzalez, PhD

- **11:55 AM - 12:40 PM**
  - Engaging Support Systems: The Non-Medical Side of Diabetes Care
  - Anastasia Albanese-O’Neill, PhD, ARNP, CDE

#### Lunch Break

- **12:40 PM - 2:00 PM**

#### Program Schedule

<table>
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<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>2:00 PM - 3:30 PM</td>
<td>Case Studies-DM Options with CV Risk Factors</td>
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<td>James R. Gavin III, MD, PhD</td>
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<td>Nutrition Counseling for Children and Adults with Type 1 Diabetes</td>
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<td>Amy Hess Fischl, MS, RDN, LDN, BC-ADM, CDE</td>
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<td>3:35 PM - 5:05 PM</td>
<td>The Microbiome: How to Nourish an Old Friend</td>
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<td>Sara A. Blackburn, RD, DSc, DD</td>
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<td>5:00 PM - 7:00 PM</td>
<td>Networking Reception</td>
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### Saturday, May 27, 2017

#### Keynotes

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<tr>
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<th>Event</th>
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| 7:45 AM - 8:45 AM | Is Sitting the New Smoking? “Warning: This Chair May Be Hazardous to Your Health”  
TBA                |
| 8:45 AM - 9:45 AM | Changing the Paradigm from Diabetes Prevention to the Treatment of Prediabetes  
Leigh Perreault, MD |
| 9:45 AM - 10:15 AM | Break |
| 10:15 AM - 11:00 AM | TRACK 4 – Physical Activity  
Yoga as Pathway for the Treatment of Diabetes  
Sally A. Sherman, PhD |
| 11:05 AM - 11:50 AM | TRACK 5 – Behavioral Strategies  
Diabetes Health Literacy and Numeracy: Overlooked Factors in Understanding Racial Disparities in Glycemic Control  
Richard O. White, III, MD, MSc |
| 11:55 AM - 12:40 PM | TRACK 6 – Special Populations  
Physical Activity Considerations: Individualizing Treatment  
John Jakicic, PhD |
| 12:40 PM - 2:00 PM | Lunch Break |
| 2:00 PM - 3:30 PM | Yoga and Meditation in Practice  
Sally A. Sherman, PhD  
Clinical Considerations  
Pharma and Exercise: Team Approach  
John Jakicic, PhD |
| 3:35 PM - 5:05 PM | Case Studies: Diabetes Prevention  
TBA  
Patient Centered Diabetes and Obesity Care: How to Effectively Communicate with Patients with Limited Health Literacy and Numeracy to Improve Outcomes  
Richard O. White, III, MD, MSc  
Motivational Interviewing: Patient Centered Communication Skills for Health Behavior Change Interventions  
Jan Kavookjian, MBA, PhD |

#### Sunday, May 28, 2017

#### GENERAL SESSION – John A

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| 8:00 AM - 11:00 AM | The Business Case for Healthcare: Why Invest in a Healthy Workforce?  
Harris Rosen  
Environmental Influence on Gaps in Care for Diabetes  
TBA  
Diabetes - Closing the Gap  
K. M. Venkat Narayan, MD |

All subjects, titles, and speakers are subject to change.
General Information

Additional information and program updates will be posted online at http://professional.diabetes.org/cc.

Daytime temperatures in Orlando, Florida for May averages between 88º-90ºF. We encourage participants to dress comfortably in business casual attire, and strongly encourage you to bring a sweater or jacket as temperatures in meeting rooms varies.

Accessibility

ADA and the staff of the Rosen Shingle Creek are committed to ensuring that we meet and exceed all of the requirements for the Americans with Disabilities Act. Staff is trained to accommodate guests with special needs, so that all of our guests are able to have an enjoyable and safe stay. Please inform us at least 21 days before the conference if you need any special accommodations by e-mail at rrampersaud@diabetes.org.

Registration

On-line registration is fast, easy, and secure. You will receive your confirmation email immediately. The American Diabetes Association accepts Visa, MasterCard, Discover and American Express as forms of payment. Attendees should bring their confirmation letter onsite. A picture ID will be required to pick up your materials. Register online at http://professional.diabetes.org/cc.

If you choose not to register online, you may download a registration form at http://professional.diabetes.org/cc. If your Registration cannot be post marked by May 10, 2017 for those mailing the forms, please plan to register on-site. Registration will open at 1:00 PM on Thursday, May 25, 2017.

Registration Deadlines

Earlybird registration March 21, 2017
Deadline to register by mail May 10, 2017
Deadline to register online May 19, 2017

Registration Fees

Onsite registration opens at 1:00 PM on Thursday, May 25, 2017

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*Available to those currently enrolled in one of these programs. Proof of status in program must be submitted along with your registration form.
**Guest registration is only available to the guest of a registered attendee. Guest registration includes a pass to the opening reception and breakfast each day. Guests are not allowed to attend educational sessions.

Payment

The American Diabetes Association accepts Visa, MasterCard, Discover and American Express as forms of credit card payment. Wire transfers are not accepted. Payments by check must be drawn on a U.S. Bank, in U.S. Funds, and be made payable to the American Diabetes Association. If you are paying by check, please include a copy of your registration confirmation if you registered online, or a completed registration form with a check drawn on a U.S. Bank in U.S. Funds and made payable to the American Diabetes Association. Online registrations may be cancelled if payment is not received within 10 days.

Registration fees include all sessions (as listed under the Program Schedule), three continental breakfasts, two coffee breaks, and opening reception.

ADA Professional Members

In order to qualify for the Member rate you must provide your Professional Member ID Number when registering and your Category I or II Professional Membership must be active through May 28, 2017 at the time of registration. Please note: If you join or renew your membership after you have registered you will not be eligible for the member rates as you must be a member at the time of registration.

For any questions regarding your membership please e-mail membership@diabetes.org or call (800) 232-3472 (toll free) Monday-Friday 8:30 AM - 5:00 PM (ET).

Registration Changes and Cancellations

Name changes and substitutions are not permitted. All cancellation and refund requests must be made in writing and sent via email to rrampersaud@diabetes.org or faxed to 407-660-1080. For a refund (less a $50.00 administrative fee) cancellation requests must be received on or before March 21, 2017. Cancellation requests received after March 21, 2017 will not receive a refund. No refund for no-shows. Every attempt will be made to process refunds within 30 days of cancellation.

Questions?

Call or e-mail Monday through Friday, 8:30 AM – 5:00 PM (ET) – 407-660-1926 x 3010, E-mail – rrampersaud@diabetes.org.
Hotel & Travel

Rosen Shingle Creek
9939 Universal Blvd
Orlando, FL 32819
866-996-6338

Rosen Shingle Creek is conveniently located on Universal Boulevard just off of the Beachline Expressway (SR 528, Exit #2) and a half mile east of the Orange County Convention Center. This ideal location is also minutes away from Orlando’s world-famous attractions like Universal Orlando®, Wet ’n Wild, Sea World Orlando® and others.

Nestled along Shingle Creek, the headwaters of the legendary Florida Everglades, our facility is surrounded by enchanting flora and wildlife, much of which has been preserved to create a natural backdrop for this magnificent property. Guests looking for a natural retreat have a variety of options from which to choose. Nature fans will likely want to venture out and immerse themselves in the fantastic Florida surroundings. The hotel’s robust eco-tourism offerings include nature trails for walking and birding, plus seasonal fishing by reservation along the legendary Shingle Creek.

Special room rates of $129 per night will be offered for this conference until 5:00pm (ET) May 2, 2017, or until all rooms blocked for this conference are sold.

Visit http://professional.diabetes.org/cc then click on the “Hotel” tab for more information and to reserve your room.

Parking
- On-site parking, fee: 18 USD daily
- Valet parking, fee: 26 USD daily

Corporate Events

Corporate symposia and product theaters are activities that are planned by the corporate community in conjunction with the American Diabetes Association’s Annual Clinical Conference on Diabetes. They provide additional educational/information opportunities and may include CE credit.

Friday, May 26, 2017
12:40 PM – 2:00 PM
Lunch and Presentation
Awaken a Transformation in Type 2 Diabetes Management
Sponsored by Janssen Pharmaceuticals

Posters

Submit Your Poster to the 32nd Annual Clinical Conference on Diabetes!

The 32nd Annual Clinical Conference on Diabetes is calling for abstract submissions for poster presentation during the conference. We welcome submissions of interest to our target. Poster presentations will be displayed at the event providing an opportunity for you to showcase your accomplishments at your institution or facility. Poster presentations also provide an opportunity for networking with colleagues.

Three posters will be selected for oral presentation on Friday, May 26, 2017. The poster submission deadline is March 8, 2017 at 12:00 noon EST. Visit http://professional.diabetes.org/cc for more information.

Resources for Health Care Professionals

2017 Clinical Practice Recommendations Online
ADA Clinical Practice Recommendations are based on a complete review of the relevant literature by a diverse group of highly trained clinicians and researchers. 2017 CPR is available online at http://professional.diabetes.org/soc

Professional Member Benefits
Join more than 16,000 diabetes professionals to receive exclusive, members-only education, discounts and resources that benefit you, your patients, and your practice. Visit http://professional.diabetes.org/membership

ADA Bookstore
A selection of our books will be available for purchase in the ADA bookstore in the Exhibit Hall. A 25% discount off regular price will be applied to all purchases at the conference. We are happy to stock your favorite titles and you may pre-order any titles, please contact Roxanne at rampersaud@diabetes.org with a list of books you would like to pre-order.